

Jack M. Saul

EDUCATION

MA/Ph.D. **Boston University**, Interdisciplinary Studies: Psychology, Culture, and Personality
Diploma: 1983

B.A. **Duke University**, Psychology, Religion (Double Major)
Diploma: 1974

Minuchin Center for the Family, Post-Graduate Training in Family Therapy, New York
1987-1990

Family Institute of Cambridge, Graduate Training in Family Therapy, Cambridge, MA
1978-1979

Judge Baker Guidance Center, Harvard University Medical School, Clinical Internship,
Boston, MA, 1976-1978

AWARDS & HONORS

2020 Gradiva Award for Best Digital Media for Moral Injuries of War. National Association for the Advancement of Psychoanalysis

2009 Max Heyman Award for Scholarship on Holocaust and Genocide, awarded African Refuge by the American Orthopsychiatric Association

2008 American Family Therapy Academy Award for Distinguished Contribution to Social Justice

2006 American Cape Mount Association- Made Honorary Chief, Porkpa District of Liberia for Contribution to the Higher Education of Liberians and to the Liberian Diaspora Community in the US

2005 Ministry of Health, Kosovo - Acknowledgement for the Contribution and the Development of Health Services in Kosovo

2002 Marion Langer Award of the American Orthopsychiatric Association for Exemplary Work in the Areas of Social Advocacy and Human Rights

2002 Adelphi School of Social Work Award for Contribution to the Field of Trauma Studies

1998 Hebrew Union College Joseph Award for Humanitarian Service for Bellevue/NYU Program for Survivors of Torture

1998 New York University Curricular Development Challenge Grant for the International Trauma Studies Program

1997 Family Therapy Networker Innovations in Training Award for Training Program at Bellevue/NYU Program for Survivors of Torture

1986 Retirement Research Foundation National Media Awards, First Prize for Source of Strength: Ethnic Identity in Later Life (Documentary video)

1985 International Film and TV Festival of New York, Silver Medal for Source of Strength: Ethnic Identity Later in Life (Documentary video)

PUBLICATIONS

Authored Books

Jack M. Saul

Saul, J. (2012). *Collective Trauma, Collective Healing: Promoting Community Resilience in the Aftermath of Disaster*. New York: Routledge Mental Health Classic Series.

Articles & Chapters

Saul, J. (2023) The Hidden Trauma of Moral Injury. *Psychotherapy Networker*. Sept. Oct.

Heisler, M., Bhatia, B., Vinson, S., & Saul, J. (2021). Expert Statement on Individual and Community Effects from Trauma Due to NYPD Use of Force in Response to the Mott Haven Protest on June 4, 2020. Physicians for Human Rights.

Saul, J., & Schinina, G. (2021). Counseling. IOM. *Manual on Community-Based Mental Health and Psychosocial Support in Emergencies and Displacement*. (2nd ed., pp. 151 - 168). International Organization for Migration. <https://www.iom.int/mhpsed>.

Saul, J. (2019). Promoting collective recovery in an immigrant/refugee community following massive trauma. In *Structural Competency in Mental Health and Medicine*. Helena Hansen and Jonathan Metzl, Eds. New York: Springer.

Saul, J. and Simon, W. (December, 2016). Building resilience in families, communities and organizations: A training program in global mental health and psychosocial support. *Family Process*, Vol 55(4), pp. 689-699.

Celermajer, D., & Saul, J. (2016). Preventing torture in Nepal: A public health and human rights intervention. *Journal of Bioethical Inquiry*. Springer

Saul, J. (2012). Psychological and situational factors involved in the participation in torture. Expert report prepared for the Enhancing Human Rights Project. University of Sydney.

Saul, J. and Bava, S. (2009). Implementing collective approaches to massive trauma/loss: Implications for recovery, peace-building and development. International Conflict Research Institute, University of Ulster.

Saul, J. (2008) The International trauma studies program. In Stout, Chris, ed. *The New Humanitarians: Inspiration, Innovations, and Blue Prints for Visionaries*. Praeger.

Saul, J. (Winter, 2007). Promoting community resilience in lower Manhattan after September 11, 2001. In *Systemic responses to disaster: Stories in the aftermath of hurricane Katrina*. American Family Academy Monograph Series, pp. 69-75.

Fullilove, M., & Saul, J. (2006) Rebuilding communities post-disaster: Lessons from 9/11. In Y. Neria, R. Gross, R. Marshall, R., E. Susser (Eds.), *September 11, 2001: Treatment, research and public mental health in the wake of a terrorist attack*(pp.). Cambridge: Cambridge University Press (pp/ 164-177).

Saul, J. (2005). Promoting community resilience in lower Manhattan after September 11, 2001. In Y. Danieli & R. Dingman (Eds.) *On the Ground after September 11: Mental health responses and practical knowledge gained*. Binghamton, NY: Hayworth Press (pp. 470-478).

Weine, S., Ukshini, S., Griffith, J., Agani, F., Pulleyblank-Coffey, E., Ulaj, J., Becker, C., Ajeti, L., Griffith, M., Alidemaj-Sereqi, V., Landau, J., Assilani, M., Pavkovic, I., Bunjaku, A., Rolland, J., Cala, G., Saul, J., Makolli, S., Sluzki, C., Statovci, S. (2005). A family approach to severe mental illness in post-war Kosova. *Psychiatry*. Vol. 68 (1).

Landau, J. & Saul, J. (2005). "Enhancing family and community resilience in the face of major disaster." A. Roizblatt, (Ed.). *Terapias de Parejas y Familias del Siglo XX para el Siglo XXI*. Santiago, Chile: Editorial Mediterráneo.

Saul, J., Breindel, H., Margolies, L., Hamilton, L., Jacobs, N. (2004). Stories from the Ground: A community initiated narrative archive in lower Manhattan post 9/11. Proceeds of the International Oral History Association World Congress.

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Saul, J. (2004). Promoting community recovery in lower Manhattan after September 11, 2001. *Bulletin of the Royal Institute for Interfaith Studies*5, no.2 Autumn/Winter: 1-16.

Landau, J. & Saul, J. (2004) Facilitating family and community resilience in response to major disaster. In F. Walsh and M. McGoldrick (Eds.), *Living beyond loss*. New York: Norton.

Saul, J. (2003, Apr. 4). Ghost-painting grandfather's story to understand his own, *The Forward*, p. 4.

Saul, J., Ukshini, S., Blyta, A., & Statovci, S. (2003). Strengths based treatment of trauma in the aging: An Albanian Kosovar case study. In J. Ronch, & J. Goldfield (Eds.), *Mental wellness in aging: Strength based approaches*(299-314). London: Health Professions Press.

Saul, J. (2002, Sept. 11). 2 pillars are crucial to helping children adjust, *New York Times*. p. 17.

Weine, S., Danieli, Y., Silove, D., Van Ommeren, M., Fairbank, J., Saul, J. (2002). Guidelines for international training in mental health and psychosocial interventions for trauma exposed populations in clinical and community settings, *Psychiatry: Interpersonal and Biological Processes*, Volume 65 Number 2.

Saul, J. (2000). Mapping trauma: a multi-systemic approach. *Psychosocial Notebook*. International Organization for Migration. November.

Saul, J. (1999). Working with survivors of torture and political violence in New York City. *Zeitschrift fur Politische Psychologie*, 7(1-2),221 – 232.

Saul, J. (1997, Nov. 1). Forgotten in the hoopla: Tibet's young torture victims. *The New York Times*.

Saul, J. (1997). Helping the children of war. *The Lancet*. Vol. 349, April.

Perel, E., & Saul, J. (1989). A family therapy approach to Holocaust survivor families. In P. Marcus, & A. Rosenberg (Eds.), *Healing their wounds: Psychotherapy with Holocaust survivors and their families*. New York: Praeger.

Saul, J. (1985). Ethnic identity and psychological adjustment in old age. New York, NY:

Center on Ethnicity, Behavior and Communication, American Jewish Committee Monograph.

Saul, J. (1984). Ethnic identity and psychological adjustment in old age. *The Gerontologist*, 3/84.

Video Productions

Saul, J. (Producer), and Gampel, A. (Director). (2003) *Everything's back to normal in New York City: Below Canal, a work in progress*. New York: Downtown Community Resource Center, International Trauma Studies Program, New York University.

Saul, J. (Producer), and Ray, J (Director). (2002) *A partnership for kids: post 9/11 coping strategies for the school community*. [Video] New York: International Trauma Studies Program, New York University.

Saul, J. (Producer) and Reisner, S. (Director), (2000) *Head soup: The work of Theater Arts Against Political Violence*, New York: Refuge, Inc.

Saul, J. and Minuchin, S., (1991), *Prisoners or jailers: working with out of control children in family therapy*. New York: Family Studies, Inc.

Saul, J. (Writer and Producer), and Spiegel, P. (Producer and Director), (1985) *Sources of strength: Jewish ethnicity in later life*. New York, NY: American Jewish Committee.

Web Installations

Saul, J. (2003) *Spring and Slaughter: Kishinev Pogrom 1903 –2003. A multimedia web installation commemorating the 100th anniversary of the Kishinev Pogrom*. www.kishinevpogrom.com

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Saul, J., (2004) *Stories from the Ground: the Lower Manhattan Video Narrative Archive Project*.
<http://www.nyu.edu/trauma.studies/archive> <http://itspnyc.org/archive>

Saul, J. (2020) "An Audio Experience: Exploring the Costs of War," International Trauma Studies Program and Windmill Factory, Debut in 2019 at UNFINISHED festival at the National Museum of Art of Romania,
<https://www.moralinjuriesofwar.org/about>, Accessed December 13, 2020.

PRESS COVERAGE

Rosenberg, Tina, To hell and back, *New York Times Magazine*, Dec. 1997
http://www.itspnyc.org/media_hell.html

Wertheimer, Linda, Political Asylum, All Things Considered, *National Public Radio*, 2/98

Steffen, Sheila, Cycle of Violence and Trauma, World News, *CNN*, 2/98

Cohen, Patty, The study of trauma graduates at last. *New York Times*, May 8, 1999
http://www.itspnyc.org/media_graduates.html

Killen, Andreas, Pundits of Pain, *com/books/it/2000/02/11/trauma*

Joyce, Chris, Families of the Missing, All Things Considered, *National Public Radio*, 9/02

Joyce, Chris, Trauma and the Media, All Things Considered, *National Public Radio*, 9/02

Silberner, JoAnne, Dealing with the Stress of 9/11, Morning Edition, *National Public Radio*, 1/02

New York Voices, *WNYC TV*– Coming together to heal, April, 2002
<http://www.thirteen.org/nyvoices/transcripts/saul.html>

Goode, Erica, and Emily Eaken – Mental health: the profession tests its limits – 2 pillars are crucial to helping children adjust, *New York Times*, September 11, 2002. <http://www.nytimes.com/2002/09/11/us/threats-and-responses-the-doctors-mental-health-the-profession-tests-its-limits.html>

Parker, Ian, Victims and Volunteers, *The New Yorker*. 1-26-04

Interview: An Evening With ... General Elections and the Fear Factor, October, 2004 *KCBX FM*, Santa Barbara Public Radio

Waters, Rob, The citizen therapist: Making a difference in the wider world. Surviving disaster: Jack Saul believes communities are the antidote for trauma. *Psychotherapy Networker*, Nov./Dec. 2004
http://www.itspnyc.org/perspective_surviving.html

New York Voices, *WNYC-TV*– The Liberians of Staten Island, November, 2007

New York Daily News, Staten Island Group Helps Victims of African Conflict

March, Julie and Reichgott, Megan, *AP World*, Witnessing Trauma: How AP's staff copes with exposure to disturbing events. Summer 2010.

Matloff, Judith, New York: 10 ans après, *L'actualite*. 11, 2011.

Sky Television Italy. Settembre: dieci anni fa. Sept.8, 2011.

Brucharth, Martin, Drab på journalister mørklægger krig. Danish daily *Information*, 15, 2014.
<http://www.information.dk/509502>

Gessen, Masha, Why America Needs a Reckoning with the Trump Era, *New Yorker* November 10, 2020.
<https://www.newyorker.com/news/our-columnists/why-america-needs-a-reckoning-with-the-trump-era>

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TEACHING & TRAINING PROGRAMS

2015-2016 Visiting Professor in Clinical Psychology, New School for Social Research Department of Psychology, New York, NY

2015 Co-Director and Faculty, Teachers College, Columbia University Summer Institute in Global Mental Health and Psychosocial Support, NYC, NY

2015-2017 Core Faculty, Center for Narrative Practice, Boston, MA

2012-Present International Coordinator and Faculty Trauma Studies Program, Department of Clinical Psychology, Bilgi University, Istanbul, Turkey

2013 Faculty, European Graduate School Program in the Arts, Peace-building and Conflict Transformation, Saas Fe, Switzerland

2010-2019 Class Lecturer, Columbia University

- Department of Psychiatry, Resident Training Program
- Program in Narrative Medicine Columbia University Medical Centre
- Alliance for Historical Dialogue and Accountability – Institute for the Study of Human Rights
- Human Rights Advocate Program – Institute for the Study of Human Rights
- Global Mental Health Seminar, Mailman School of Public Health
- Clinical and Counseling Psychology, Teacher's College Global Mental Health Seminar
- Dart Center for Journalism and Trauma, Columbia Graduate School of Journalism.

2005-2017 Assistant Professor of Clinical Population and Family Health, Columbia University Mailman School of Public Health

1991-Present Faculty, Norwegian Institute for the Expressive Arts Therapies, Oslo, Norway

2000-2005 Faculty, Kosovar Family Professional Education Collaborative Family and Community Based Mental Health Services American Family Therapy Academy and University of Pristina, Kosovo

1998-2005 Clinical Assistant Professor of Psychiatry New York University School of Medicine, Department of Psychiatry

1998 Faculty, Open Society Institute East Europe Program in Child Abuse, European University, Budapest, Hungary

1997 Consultant/Faculty US Immigration and Naturalization Services, Interviewing Survivors of Traumatic Human Rights Abuses, Asylum Officers Basic Training Course, Brunswick, GA

1993-1998 Clinical Assistant Professor of Psychiatry, Clinical Training and Supervision in Family Therapy New York University Child Studies Center, Family Studies Unit, New York University School of Medicine.

PSYCHOSOCIAL PROGRAMS

1997-Present Founding Director: International Trauma Studies Program Independent Training and Research Institute, New York, NY

1999-Present Founding Director: REFUGE – Refugee Community Resource Centre New York State Not-for-Profit organization, New York, NY

1999-Present Co-Founder and Coordinator: Theater Arts Against Political Violence, New York, NY

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1989-Present Group Private Practice Psychologist: Family and Brief Therapy Associates, New York, NY

2002-2016 Co-Founder and Advisory Board Member: African Refuge West African Community Center, Staten Island, NY

2001-2004 Founding Director: Downtown Community Resource Centre Post 9/11 Community Mental Health project in Lower Manhattan, New York University Center for Catastrophe Preparedness and Response, New York, NY

1995-1998 Co-Founder and Clinical Director: Bellevue/NYU Program for Survivors of Torture NYU School of Medicine, New York, NY

1994-1996 Director: Family Crisis Intervention Program Child and Adolescent Outpatient Clinic, Elizabeth General Medical Center, Elizabeth, NJ

RESEARCH PROGRAMS

2011-2014 University of Sydney, Enhancing Human Rights Protections in the Context of Law Enforcement and Security (Torture Prevention Research Project), Sri Lanka and Nepal

2010-2014 International Trauma Studies Program, NY, Principle Investigator, Promoting Community Resilience in the Aftermath of Mass Trauma

2009-2012 INCORE (International Conflict Research Institute) at the University of Ulster, Methods for assessing cross-cultural comparison of psycho-social and peace-building programs: Kashmir, Sri Lanka, Mozambique, Guatemala. Northern Ireland, Palestine. International Development Research Center, New Delhi, India

2003 Principle Investigator, Downtown Community Resource Center, New York University 2002• International Trauma Studies Program at NYU, NYU Center on Catastrophe Preparedness and Response,

- Project Liberty- Federal Emergency Management Agency
- New York Times Company Foundation 9/11 Grant

2001 Principle Investigator, Ground Zero Community Initiative – International Trauma Studies Program New York Times Company Foundation 9/11 Grant

2001 Refugee Family and Community Resilience Project- Refuge United Nations Voluntary Fund for Victims of Torture

2000-2005 Research Team Member, Kosovar Family Professional Education Collaborative Service Based Training Program, Jewish Consortium for Support to Kosovo American Joint Distribution Committee

2001-2008 Metro Area Support for Survivors of Torture Consortium (MASST), (Refuge with Safe Horizon, Doctors of the World, International Institution of New Jersey) Office of Refugee Resettlement,

- US Department of Health and Human Services Category 5 Training Grant
- Torture Victims Relief Act Grant

OTHER PROFESSIONAL ACTIVITIES

2021 – Present Medical Expert, Physicians for Human Rights, New York City <https://phr.org/people/jack-saul/>

2017-18 Consultant to Stress and Resilience Taskforce, Human Rights Watch, New York City

2017 Co-Facilitator, Sustainable Human Rights Practice, Collaborative Project with Human Rights Organizations

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2017-2018 Director, Community Engagement Training Program, Mental Health Service Corps, New York City Department of Health And Mental Hygiene

2016-2018 Co- Director, Staff Stress Management Training Program, Mental Health Service Corps, New York City Department of Health And Mental Hygiene

2016-2017 Expert in Residence, Civic Hall Labs, New York City Tech innovation and Health/Mental Health Promotion

2013-2017 Faculty Mentor, Human Rights Advocates Program, Institute for the Study of Human Rights, Columbia University

2010-present Associate, Antares Foundation, Amsterdam