

Europass Curriculum Vitae

Personal information

First name(s) / Surname(s) **Chrysanthos Grigoratos**

Education and training

Dates	05/2010-05/2015
Title of qualification awarded	Specialist in Cardiovascular Diseases
Principal subjects/occupational skills covered	During training my duties included complete management of patients being admitted to the Cardiology Department. I assumed an increasing level of autonomy and responsibility in patient ongoing care on the ward and cardiac care unit for both patients from A&E and outpatient clinic with diagnosis of cardiac disease. Throughout my last year in Italy (4 th year) my role was to perform a full clinical assessment without supervision. This implied requesting cardiological investigations for diagnosis and providing an adequate treatment and follow up. I was also responsible for the activity of the more junior doctors. I actively participated in various research projects that produced a number of scientific publications and presentations in national and international congresses as listed below. During my last five months before specialization, I attended the Fondazione Toscana Gabriele Monasterio where I had the opportunity to participate in clinical rounds and to optimize skills and abilities regarding CMR.
Name and type of organisation providing education and training	Azienda Ospedaliero Universitaria Pisana/Fondazione Toscana Gabriele Monasterio/ Imperial College/ King's College of London.
Dates	10/1998-10/2007
Title of qualification awarded	Doctor in Medicine
Principal subjects/occupational skills covered	Studying and training to become a medical doctor.
Name and type of organisation providing education and training	Universita' degli Studi di Bari

Personal skills and competences

Mother tongue(s) **Greek**

Other language(s)

Self-assessment

European level (*)

Understanding		Speaking		Writing
Listening	Reading	Spoken interaction	Spoken production	

Italian	C2	C2	C2	C2	C2
English	C2	C1	C1	B2	C1

(*) [*Common European Framework of Reference for Languages*](#)

Social skills and competences	<p>I communicate effectively and clearly to patients and significant others. I always find the time to answer all questions in order to make them feel respected and reassured that they are always in safe hands. I always put patients and their families at ease to enable them to gather the information that they need. I am a good listener and I always care what people have to say. I am always positively welcoming towards patients, colleagues and staff, dedicated to reflecting a positive and welcoming attitude to all my peers, patients and staff as I deem paramount working in a great place, with a nice atmosphere. Moreover, I believe that it's extremely important to communicate clearly and efficiently to the staff, especially in difficult and complex situations. I am always happy to have open discussions with the all staff in order to communicate clearly my point of view and at the same time take into account their opinions. I am committed to make all the staff feel always respected as an active part of a good team. I respect different opinions and if need be I disagree in respectful and kind way.</p>
Organisational skills and competences	<p>I always act as a good leader and I have confidence in my decisions to support colleagues and staff in order to make them feel completely secure. Especially in difficult situations I am confident with my decision-making process and at the same time I call for help as soon as possible if needed. I do think that this behavior contributes to build up a positive work environment in which all team members feel reassured that they can always rely on me and my abilities. I am a motivated and enthusiastic cardiologist. I am a quick learner and constantly want to invest in new educational and professional development to further improve my abilities.</p>
Technical skills and competences	<p>In May 2015 I completed my training in Cardiology at the University of Pisa, Italy keeping the final exam. During the course I had the opportunity to work for 3months in London at The Hammersmith Hospital as a honorary clinical fellow at the Echocardiology Department with duties that included transthoracic echocardiography at rest and dobutamine stress test. Moreover, I worked another 9 months at King's College Hospital as a honorary research fellow in the Division of Imaging Sciences doing mainly research regarding CMR and other advanced imaging techniques. As part of my training program in Italy I have 5 years of experience in both cardiology and general internal medicine. I gained the experience seeing patients admitted as emergencies, patients with multiple disorders, patients referred to outpatient clinic or by specialists services for investigation and diagnosis. I am proficient in management of acutely ill patients as per part of our rota we had regular shifts at the A&E department.</p>
Computer skills and competences	<p>I feel quite confident with my computer skills, although I do not possess any certification. I can use all kinds of document modifying as well as statistical analysis programmes.</p>
Artistic skills and competences	<p>I do not have any special artistic skills even though I enjoy during my spare time listening to music and going to the theatre. Cinema as well has always been and still is one my interests.</p>
Driving licence	<p>I currently hold a driving license (B category).</p>

Additional information

Teaching/Lectures

In 2010 lecture entitled: "Systemic Vasculitis."
In 2011 lecture entitled: "The strange case of Mrs M: primary cardiac lymphoma."
In 2012 lecture entitled: "Aortic stenosis. Diagnosis and management: from guidelines to bedside."
In 2015 lecture entitled: "2014: a year full of stress."
In 2015 lecture entitled: "High throughput CMR: preliminary results."
Supervisor of three candidates for the EACVI transthoracic echocardiography accreditation.

Abstracts

44 abstracts, accepted as oral presentations or posters in national and international cardiology congress Euroecho 2009 and 2011, ESC 2009, 2012, 2014 and ACC 2011, 2013, 2014.

Publications

- 1) Stefano R, Di Bello V, Barsotti MC, **Grigoratos C**, Armani C, Dell'Omodarme M, Carpi A, Balbarini A. Inflammatory markers and cardiac function in acute coronary syndrome: difference in ST segment elevation myocardial infarction (STEMI) and in non-STEMI models. *Biomed Pharmacother*. 2009 Dec;63(10):711-716.
- 2) F, Misuraca L, **Grigoratos C**, Violo C, Vannucci S, Balbarini A. An uncommon clinical condition: chronic thrombosis of the inferior vena cava. A case report and review of the literature. *Monaldi Arch Chest Dis*. 2011 Mar;74(1):36-9.
- 3) **Grigoratos C**, Spontoni P, Coluccia G, Srebot V, Violo C, Buttitta F, Balbarini A. Asymptomatic Takayasu arteritis: an incidental diagnosis. *Recenti Prog Med*. 2011 Apr;102(4):162-5.
- 4) Spontoni P, Venturini M, De Sanctis F, **Grigoratos C**, Nuti M, Coppi G, Faggioni L, Chiesa R, Balbarini A. Asymptomatic aneurysm of the superior mesenteric artery: a time bomb. *J Cardiovasc Med (Hagerstown)*. 2011 Aug;12(8):589-91.
- 5) **Grigoratos C**, Spontoni P, Violo C, Balbarini A. An unusual case of traumatic occlusion of the left common femoral artery. *J Cardiovasc Med (Hagerstown)*. 2012 Mar;13(3):222-4.
- 6) Spontoni P, **Grigoratos C**, Dell'Omo G, Balbarini A, Pedrinelli R. Lack of a relationship between circulating gamma-glutamyltransferase levels and carotid intima media thickness in hypertensive and diabetic patients. *J Vasc Health Risk Manag*. 2012;8:275-81.
- 7) Misuraca L, De Caro F, **Grigoratos C**, De Carlo M, Petronio AS. OCT-guided stenting of a spontaneous coronary artery dissection. *Cardiovasc Revasc Med*. 2012 Sep-Oct;13(5):301-3.
- 8) **Grigoratos C**, Mariani M, Barison A, Lombardi M, Masci PG. Comprehensive cardiovascular magnetic resonance for monitoring the response to therapy in pericardial tuberculosis. *Eur Heart J Cardiovasc Imaging*. 2014 May;15(5):522.
- 9) MC, Santoni T, Picoi MEL, Mancini N, Massaro F, **Grigoratos C**, Bortolotti U, Collecchi P, Menicagli S, Scatena G, Felice F, Bevilacqua G, Naccarato AG, Di Stefano R, Balbarini A. Endothelial progenitor cell homing in human myocardium in patients with coronary artery disease. *Int J Cardiol*. 2014 Mar;172(2):516-7.
- 10) A, Masci PG, Liga R, **Grigoratos C**, Pasanisi EM, Marzullo P. Regional heterogeneity of cardiac sympathetic innervation in acute myocardial infarction: relationship with myocardium at risk at cardiovascular magnetic resonance. *Eur J Nucl Med Mol Imaging*. 2014 May 13.
- 11) E, **Grigoratos C**, De Sanctis F, Spontoni P, Dell'Omodarme M, Ferrari M, Balbarini A. "Non invasive transcutaneous monitoring in long term follow-up of thromboangiitis obliterans patients treated with iloprost." *Angiology*. 2014 Jul 8.
- 12) **Grigoratos C**, Bratis K, Henningsson M, Mahmoud I, Nagel E. Chemotherapy-related cardiomyopathy in acute myeloid leukaemia assessed by cardiovascular magnetic resonance imaging. *Eur Heart J Cardiovasc Imaging*. 2014 Dec;15(12):1410.

Research Experience

Sub-investigator in STABILITY trial (STabilization of Atherosclerotic plaque By initiation of darapadib Therapy)	05/2011-12/2013
Sub-investigator in PLATINUM PLUS trial.	10/2012-01/2014
Sub-investigator in VASERA trial.	05/2014-12/2014
Sub-investigator in DOPPLER-CIP trial	05/2014-12/2014

Accreditations

Basic Life Support Provider.	03/2012
Advanced Cardiac Life Support Provider.	12/2012
EACVI Transthoracic Echocardiography Accreditation.	06/2013
EACVI CMR (logbook submission pending to complete accreditation)	02/2015
EACVI Club 35 member	2013-2015

In accordance with the Italian Legislative Decree no. 196/2003 on Personal Data Protection

Date June 06th 2023

Signature