

## CURRICULUM VITAE

1. **Surname:** Carrai
2. **First name:** Barbara
3. **Date of birth:** 1 April 1968
4. **Nationality:** Italian

5. **Education:**

Institutions:	Faculty of Psychology, University of Padua, Italy
Date:	October 2014
Degree(s) or diploma(s):	MA Death Studies and the End of Life
Institutions:	Faculty of Political Science, University of Pisa, Italy
Date:	November 1987 - February 1994
Degree(s) or diploma(s):	Laurea in Political Science (summa cum laude), M.A equivalent
Institutions:	Centro di Terapia Breve Strategica, Arezzo, Italy
Date:	December 2012
Degree(s) or diploma(s):	Diploma of Counsellor
Institutions:	Massachusetts Institute of Technology (MIT), Leadership Centre, Boston
Date:	March 2009
Degree(s) or diploma(s):	Certificate of Attendance, Leadership Training
Institutions:	Cooperazione per lo Sviluppo dei Paesi Emergenti (COSPE )
Date:	24-26 March 2004
Degree(s) or diploma(s):	Certificate of attendance. Training on Project Cycle Management
Institutions:	Euroservatori –A Common European Approach for Training of Electoral Observers
Date:	24-26 June 2003
Degree(s) or diploma(s):	Certificate of attendance. Workshop on Conflict Management for Electoral Observers-Practical Skills for Enhancing Professional Capacity”
Institutions:	Scuola Superiore Sant'Anna
Date:	11-14 March 2001
Degree(s) or diploma(s):	Certificate of attendance. Training of Trainers –The Class Environment: Advanced Principles and Methods in the Training Process
Institutions:	SIDA, Sweden
Date:	5 – 13 September 2000
Degree(s) or diploma(s):	Certificate of attendance. Training of Trainers, Election Observation-A Common European Approach
Institutions:	World Bank, Washington D.C.
Date:	25-26 May 2000
Degree(s) or diploma(s):	Certificate of attendance. Training-of-Trainers Workshop: The Transition from War to Peace
Institutions:	World Bank, Washington D.C.
Date:	23-24 May 2000
Degree(s) or diploma(s):	Training Course: The Transition from War to Peace
Institutions:	Croce Rossa Italiana
Date:	2 – 7 April 2000
Degree(s) or diploma(s):	Certificate of attendance. Training Course for International Delegates of the Red Cross and Red Crescent Societies

6. **Language skills:** increasing competence from 1 to 5

Language	Reading	Speaking	Writing
English	5	5	5
French	4	4	3
Spanish	4	2	2
Italian	Mother tongue		

7. **Other skills** (e.g. computer literacy, etc.): Management, negotiation and organisational leadership under stressful condition; Excellent communication and training skills; Ability in working in transitional environment/crises areas; Flexibility; Team building approach; 20 years of meditation and yoga discipline; Proficiency in most common word processor, including Microsoft Word, Excel and Powerpoint.

8. **Present position:** Funder and Director, “4Change” No Profit Association. Funder; Funder and Vice-President “Tutto è Vita Onlus”; Spiritual Assistant, Palliative Care Unit.

9. **Key qualifications:**

- Training (assess learning needs, design and develop trainings’ curricula, design training material; design evaluation strategy; design and conduct lessons learnt exercises; conduct and facilitate sessions on specific subjects (train of trainers; human rights; elections; democratisation; peace support operations; project management; training; communication and teambuilding; death and dying related topics).

- Project Management (organise and conduct needs assessment missions; write project proposals; start up of complex project/programme; implement projects; develop monitoring and evaluation strategies).
- Election observation (Core team member; Long-term observer; Short-term observer, Supervisor).
- Human skills/attitude development (enhance individual capacity; strengthen personal power and ability).

## 9. Professional experience:

### ON - GOING

Date:	January 2009 – on going
Location	Trieste, Italy
Company	4Change No Profit Association
Position	Founder and Director
Description	Research, Analysis and Training for Civilians, Police and Military Officers, that live or work in crises areas..

Date:	January 2013- on going
Location	Firenze, Italy
Company	Tutto è Vita
Position	Vice-President
Description	Co-founder of Tutto è Vita Onlus. Assist the President in designing and developing the strategic direction of TèV; Design and develop training initiatives for different target groups (medical doctors, nurses, sanitary personnel, psychologists; schools (students, teacher, parents), ordinary people, etc.) on different topics related to death and dying (spirituality; medical humanities; care for the dying; support to the mourning process etc.). Design and implement death education programmes –including suicide awareness- for high schools students, parents and teachers. Facilitate Self-Help groups.

Date:	February 2017 – on going
Location	Livorno, Italy
Company	Tutto è Vita Onlus and Associazione Cure Palliative Livorno
Position	Spiritual Assistant
Description	Member of the Palliative Care Team. Spiritually assist patient and their families in the path of illness. Sustain the health team.

### PAST EXPERIENCE

Date:	November 1994-December 2009
Location	Pisa, Italy
Company	International Training Programme for Conflict Management, Scuola Superiore Sant'Anna
Position	Executive Director
Description	Co-founder of the ITPCM; Assisting the Director in developing the strategic direction of the ITPCM in its programmatic and operational content; deputising for the Director as Officer-in-Charge during the Director's absence from the office; maintaining responsibility for the co-ordination of the training activities; preparing the curriculum of new training courses and course materials in the field of train of trainers, peace-keeping, democratisation, human rights, elections, good governance, project management, training; developing evaluation strategies; networking with relevant institutions/organisation both civilian and military; lecturing (about 150hr per academic year). Since 1995, when the first ITPCM Training Course was held, around 6.000 people have been trained, in Pisa and in different countries.

Date:	February and May 2019
Location	Kigali, Rwanda
Company	UNITAR, 4Change and the Parliament of Kenya
Position	Training Consultant
Description	Facilitating learning for the leadership of the Kenyan Parliament to enhance their leading capacity.

Date:	January-February 2019
Location	United Nations Logistics Base, Brindisi
Company	UNITAR, 4Change and the League of Arab States (LAS) Task Force
Position	Training Consultant
Description	Designing and leading a team of trainers for a UN Peacekeeping Logistics Simulation for LAS Task Force members.

Date:	November 2015
Location	Jaji, Kaduna (Nigeria)
Company	UNITAR, 4Change and the Nigerian Army Peacekeeping Centre (NAPKC)
Position	Training Consultant
Description	Designing and leading a Train of Trainers for officers of the Nigerian Army participating in Peace Support Operations.

Date:	November - December 2014
Location	Harare (Zimbabwe)
Company	UNITAR, 4Change and Southern Africa Development Community (SADC)
Position	Training Consultant
Description	Designing and leading two Train of Trainers for the Southern African personnel representing the four components of peace support operations (military, police, civilian and correction officer) of SADC French and Portuguese speaking Countries. Coach two French speaking trainers to lead the ToT according to the 4Cchange-UNITAR Model.

Date:	October 2014
Location	Geneva (Switzerland)
Company	UNITAR and 4Change
Position	Training Consultant
Description	4Change and UNITAR started at the end of 2013 to design a programme focused in the identification and training of individuals able to duplicate 4Change-UNITAR ToT Model in other languages, giving priority to French and Portuguese. It was therefore decided to organize a Start-up ToT in Geneva to create a pool of trainers capable to reproduce the Model in other languages. It was also decided to use the Start-up ToT to prepare the training teams that will deliver the training in Zimbabwe the following November.

Date:	June-July 2014
Location	Dubai (UAE)
Company	UN World Food Programme OSTF
Position	Training Consultant
Description	Design and Conduct a Lesson Learnt Exercise to assess the UN WFP IT capacity to respond to the November 2013 Philippines Emergency (Typhoon Haiyan). The purpose of the LL exercise was to identify processes put into place during the 2013 response effort in the Philippines in order to increase awareness, knowledge and working capacity of WFP IT emergency responders in applying effective approaches and behaviors when deployed on the ground.

Date:	September - November 2013
Location	Harare (Zimbabwe)
Company	UNITAR and Southern Africa Development Community (SADC)
Position	Training Consultant
Description	Designing and leading a 3 Train of Trainers for the Southern African personnel representing the four components of peace support operations (military, police, civilian and correction officer). Coach three trainers -coming from SADC countries (Mozambique, Malawi, Zambia) that attended the first ToT implemented from 9 to 20 September 2013- as co-facilitators in the following two ToTs.

Date:	December 2012
Location	Monrovia (Liberia)
Company	UNITAR and Angie Brooks International Center
Position	Training Consultant
Description	Designing and leading a Train of Trainers for West African legal experts.

Date:	November 2012
Location	Harare (Zimbabwe)
Company	UNITAR and Southern Africa Development Community (SADC)
Position	Training Consultant
Description	Designing and leading a Train of Trainers for the Southern African personnel representing the four components of peace support operations (military, police, civilian and correction officer).

Date:	October 2012
Location	Addis Ababa (Ethiopia)
Company	Eastern African Standby Force (EASF)
Position	Training Consultant
Description	Designing and leading a Train of Trainers for civil and military personnel expected to be deployed within peacekeeping operations in Africa.

Date:	December 2010
Location	Cairo (Egypt)
Company	UNITAR (United Nations Institute for Training and Research) and Cairo Centre for Training on Conflict Resolution and Peacekeeping.
Position	Training Consultant
Description	Designing and leading a Train of Trainers for Egyptian civil society personnel expected to be deployed within African Peace Support Operations with special duties on the protection of the environment (policemen, judges, journalists...).

Date:	November 2010
Location	Nairobi (Kenya)

Company	Eastern African Standby Brigade Coordination Mechanism (EASBRICOM)
Position	Training Consultant
Description	Designing and leading a Train of Trainers for civil and military personnel expected to be deployed within peacekeeping operations in Africa.

Date:	September 2009
Location	Cairo (Egypt)
Company	Cairo Centre for Training on Conflict Resolution and Peacekeeping
Position	Training Consultant
Description	Designing and leading a Train of Trainers for Egyptian civil and military personnel expected to be deployed within African Union Peace Support Operations.

Date:	July 2006-October 2010
Location:	Pisa (Italy)
Company	Scuola Superiore Sant'Anna
Position	Chief of Programme
Description	Develop the curriculum of a Pilot Training Course for WFP ICT officers to increase their personal and professional capacity to work more effectively as managers in the field; Develop a more interagency curriculum, aimed at training participants coming from different organisations and agencies (WHO, Unicef, UNHCR, FAO, Islamic Relief, Oxfam, etc.) design and facilitate the curriculum for a Train of Trainers for those ICT managers to be used as trainers in future edition of the course; deliver, together with WFP, of three additional trainings; develop relevant supporting/training material; design and implement an appropriate evaluation strategy; participate in the coordination meetings (Pisa, Roma, Cairo); facilitate the training sessions; design and conduct lesson learnt exercises.

Date:	May - December 2009
Location:	Pisa (Italy)
Company	Studiare Sviluppo S.r.l.
Position	Short term Expert
Description	Expert in the framework of the European Union Twinning Project Training of Gendarmerie officers on European Human Rights standards. Responsibilities included design and conduct ToT component of the training courses for Turkish gendarme officers. The project is lead by the Arma dei Carabinieri.

Date:	August 2001-June 2005
Location:	Accra (Ghana) – Pisa (Italy)
Company	Scuola Superiore Sant'Anna and the United Nations Department of Economic and Social Affairs - UNDESA
Position	Chief of Programme
Description	Organise a Needs Assessment Mission in Ghana; Design and implement the Training Programme on Peacebuilding and Good Governance for African Civilian Personnel to be organised in Ghana in cooperation with the ITPCM and the University of Legon, Accra; Assisting in planning and co-ordinating the courses held in Ghana since 2002; Assisting in creating a Regional Training Centre; Assisting in strengthening networking links with existing African Training Centres; Strengthening the local training capacity; Assisting in enhancing long term sustainability, also through the development of training initiative in West Africa Region; lecturing on some specific topics (Training of trainers; Election related issues; Project Cycle Management).

Date:	From 2003 to 2006
Location:	Pisa (Italy)
Company	Network of Europeans for Electoral and Democracy Support (NEEDS)
Position	Training Coordinator/Trainer
Description	NEEDS is intended to respond to the professional needs of the European Commission, as it faces ever increasing demands for delivering consistent and credible election observation missions around the globe. The Network is intended to provide training and increase European skills and attitude in working in elections field missions as members of the core team and LTOs. My duties within the Network are to assist in strengthening the Network; participating in the coordination meetings; planning and assisting for the Courses to be held in Pisa; lecturing.

Date:	26 June – 16 July 2007
Location	Amman, Jordan
Company	Scuola Superiore Sant'Anna and the Independent Higher Electoral Commission of Iraq (IHEC) with the financial support of the Italian Ministry for Foreign Affairs
Position	Training Consultant
Description	Providing technical assistance the Independent Higher Electoral Commission of Iraq (IHEC) through the organisation of ad hoc training courses. In particular 3 Training of Trainers have been organised to transfer to the participants capacity to organise and implement training courses and increase their capacity in dealing with different training methodologies.

Date:	October – November 2003
Location	Tbilisi, Georgia
Company	Office for Democratic Institutions and Human Rights, OSCE
Position	Parliamentary Assembly Liaison Officer (Core Team Member)
Description	Organise briefing days for parliamentary delegations with relevant local actors (political parties, local authorities, media, NGOs...); Liase with logistics Officer on all arrangements and preparation for all parliamentary delegations; Liase with all parliamentary delegations forming part of the Electoral Observation Mission; Be responsible for keeping

	all records and information relating to the parliamentary delegations; Assist the Head of the ODIHR Election Observation Mission in all aspects of the Election Observation Mission as requested.
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Date:	June 2002
Location:	Belgrade
Company	CeSID (Centre for Free Election and Democracy)
Position	Training Consultant and Trainer
Description	Design and develop the curriculum of a Training of Trainers for CeSID's activities in order to increase their capacity to train other CeSID activists in order to facilitate the cascade effect and disseminate knowledge and skills on human rights, conflict prevention and resolution in their local communities addressing specific target groups in need (trade unions, displaced persons, political parties etc.); develop training material, design an evaluation strategy.

Date:	November – December 2000
Location	Belgrade, Federal Republic of Serbia
Company	Office for Democratic Institutions and Human Rights, OSCE
Position	Parliamentary Assembly Liaison Officer (Core Team member)
Description	Organise briefing days for parliamentary delegations with relevant local actors (political parties, local authorities, media, NGOs...); Liase with logistics Officer on all arrangements and preparation for all parliamentary delegations; Liase with all parliamentary delegations forming part of the Electoral Observation Mission; Be responsible for keeping all records and information relating to the parliamentary delegations; Assist the Head of the ODIHR Election Observation Mission in all aspects of the Election Observation Mission as requested.

Date:	September 2000 - November 2000
Location	Baku, Azerbaijan
Company	Office for Democratic Institutions and Human Rights, OSCE
Position	Parliamentary Assembly Liaison Officer (Core Team Member)
Description	Organise briefing days for parliamentary delegations with relevant local actors (political parties, local authorities, media, NGOs...); Liase with logistics Officer on all arrangements and preparation for all parliamentary delegations; Liase with all parliamentary delegations forming part of the Electoral Observation Mission; Be responsible for keeping all records and information relating to the parliamentary delegations; Assist the Head of the ODIHR Election Observation Mission in all aspects of the Election Observation Mission as requested.

Date:	September 2000 - November 2000
Location	Baku, Azerbaijan
Company	Office for Democratic Institutions and Human Rights, OSCE
Position	Long-term observers Co-ordinator (Core Team Member)
Description	Co-ordinate the work of LTOs deployed in the country, Liase between the LTOs, the Head of Mission and the other members of the Core staff; Organise training and de-briefing sessions; Prepare briefing packages, Liase with other organisations observing the election and with the local parliamentarians.

Date:	September 1999 – December 1999
Location:	Pristina, Kosovo
Company	United Nations Volunteers, UNDP
Position	Training Consultant
Description	Feasibility study to design and implement a training course for the UN registration officers in the framework of UNMIK; Implement the above-mentioned training course and preparation of the training material; design the evaluation strategy.

Date:	May-June 1999
Location:	Indonesia
Company	European Union
Position	Short-term electoral observer
Description	Attend the briefing session; be deployed in the region; familiarise with the area of deployment; observe the end of the electoral campaign; observe the opening, voting and aggregation procedures, liase with other electoral observer and relevant actors (local authorities, political parties, NGOs, Civil society, minorities...), fill in the observation forms; attend the de-briefing session.

Date:	September 1998 - November 1998
Locations:	Baku, Azerbaijan
Company	Office for Democratic Institutions and Human Rights, OSCE
Position	Long-term electoral observer
Description	Observe and report at regional level on registration of candidates and political parties; training of electoral officers; voter education; political campaign; media coverage; conduct of security forces and public administration; role of civil society, NGOs, domestic observers, election day (opening, voting and closing); coordinate the STOs assigned to the area of deployment (including Members of Parliament Observers (MPs); prepare weekly and spots reports; monitor the announcements of results; follow up the complaints; prepare the final report.

Date:	March 1998
Location:	Yerevan, Armenia
Company	Office for Democratic Institutions and Human Rights, OSCE

Position	Short-term electoral observer
Description	Attend the briefing session; be deployed in the region; familiarise with the area of deployment; observe the end of the electoral campaign; observe the opening, voting and aggregation procedures, liaise with other electoral observer and relevant actors (local authorities, political parties, NGOs, Civil society, minorities...), fill in the observation forms; attend the de-briefing session.

Date:	October 1996
Location:	Sarande, Albania
Company	Italian Ministry for Foreign Affairs
Position	Short-term electoral observer
Description	Attend the briefing session; be deployed in the region; familiarise with the area of deployment; observe the end of the electoral campaign; observe the opening, voting and aggregation procedures, liaise with other electoral observer and relevant actors (local authorities, political parties, NGOs, Civil society, minorities...), fill in the observation forms; attend the de-briefing session.

Date:	August – September 1996
Location:	Pale, Bosnia – Herzegovina
Company	Organisation for Security and Cooperation in Europe - OSCE
Position	Electoral Supervisor
Description	Attend the training session; be deployed in the region; familiarise with the area of deployment; Assist local members of electoral bodies in organising the elections; liaise with relevant local and international actors, both civilians and military; assist the electoral commissions of several polling stations before, during and after election day; supervise the aggregation procedures; prepare the final report.

Date:	October 1995-January 1996
Location:	Geneva, Switzerland
Company	United Nations Institute for Disarmament Research - UNIDIR
Position	Intern
Description	Assistant to a research project on disarming warring parties in Mozambique; Author of a policy paper on: The training of civilian Peacekeepers.

Date:	October-November 1994
Location:	Metangula, Mozambique
Company	European Union
Position	Short-term electoral observer
Description	Attend the briefing session; be deployed in the region; familiarise with the area of deployment; observe the end of the electoral campaign; observe the opening, voting and aggregation procedures, liaise with other electoral observer and relevant actors (local authorities, political parties, NGOs, Civil society, minorities...), fill in the observation forms; attend the de-briefing session.

## 11. Publications:

- B. Carrai, *La donna che trasforma la morte in vita. Dalla vedovanza al servizio d'amore.*, ed. Messaggero, Padova 2019
- UNITAR – 4CHANGE, *Handbook, Training of Trainers. A new approach to training*, 2016
- G. Bormolini, B. Carrai, *Oltre la morte, oltre la violenza, l'elaborazione collettiva del lutto a seguito di guerre, stragi e attacchi terroristici per la riconciliazione e la prevenzione dell'escalation della violenza*, in *III Guerra Mondiale? La gestione della morte tra le nuove emergenze sociali e la loro soluzione*, Atti del Congresso Internazionale (Padova 6-7-8 settembre. UNIVERSITA DEGLI STUDI DI PADOVA, INES TESTONI, ALBERTO VOCI, ADRIANO ZAMPERINI (ed.), Padova, Padova University Press, 2016, pp. 58-59.
- UNITAR – 4CHANGE, *Training of Trainers. A New Approach to Training. Handbook*, 2016
- B. Carrai, *Le rose di Mahammed*, in Toscana, Giunti, 2016.
- B. Carrai, *The Spiritual Art of Turning Situations Round. Widowhood As Opportunity*, in *Seeing Beyond in Facing Death. Spirituality from Sick Body to Salvation. Contents, Care and Relationships in Different Cultures*, Padova University Press, 2014.
- Strazzari, Carrai, Rodriguez-Pinero, Arcadu (editors), *Kosovo 1999-2000: The Intractable Peace*, Asterios Ed., Trieste, July 2000.
- B. Carrai, *Osservatori di breve e lungo periodo. Il ruolo dei parlamentari nelle missioni di monitoraggio elettorale: osservatori super partes o inter pares?*, organized in co-operation with the Italian Parliamentary Delegation of the OSCE Parliamentary Assembly and under the patronage of the Italian Senate, 13 settembre 1999.
- B. Carrai, *The Training of Civilian Peacekeepers*. Policy Paper, DCR Project, UNIDIR (March 1998).
- Director of a research project assigned by the Centro Militare di Studi Strategici (Ce.Mi.S.S.) Rome: **Finanziamento e costi nazionali della partecipazione delle Forze Armate italiane a operazioni di pace e loro incidenza sul bilancio della difesa: profili giuridico-istituzionali** (Financing and National Costs of the Participation of the Italian Armed Forces in Peace Operations and Their Weight on the Defence Budget: Institutional and Legal Issues), 1998.

## 12. Contact Details

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