HYPERBARIC MEDICAL CENTER

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CURRICULUM VITAE

I. PERSONAL PARTICULARS:

Name: Adel Mohamed Taher,

Dr. med., M.B., B.Ch., Consultant, Diving- & Hyperbaric Medicine, Gesellschaft für Tauch- und Überdruck Medizin (GTÜM), Germany Consultant, Diving & Hyperbaric Medicine, Austrian Society for Underwater and Hyperbaric Medicine (ÖGUHM/ASUHM), Austria

Director, Hyperbaric Medical Center, Sharm el-Sheikh, South Sinai, Egypt Medical Director of Divers Alert Network (DAN) – Egypt (affiliate of DAN-Europe) CEO, Sharm Medical Group (Sinai Clinic Hospital), Sharm el-Sheikh, South Sinai, Egypt, PADI, OWSI, MSDT Director, DAN-Egypt DAN-Oxygen Instructor Trainer Evaluator, Member of Gesellschaft für Tauch- und Überdruckmedizin (GTÜM), Germany Honorary Member, ASUHM/ ÖGUHM, Austria Corresponding Member, European Diving Technology Committee (EDTC), Expert Member, European Committee for Hyperbaric Medicine (ECHM) Ex-Member of the Board and current member, European Underwater & Baromedical Society (EUBS)

Date of Birth: 12th of April, 1956 Nationality: dual nationality: Egyptian / American Egyptian Passport No: A06295966 Egyptian ID No: 25604120100677 Postal Address: P.O. Box 152, Sharm el-Sheikh, S. Sinai, Egypt E-mail: <u>sharmchamber@gmail.com</u> (office) bigwhale56@gmail.com (private)

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Residence: Hyperbaric Medical Center, Sharm el-Mina, Sharm el-Sheikh,

South Sinai, Egypt

Languages: Arabic – mother tongue

German and English – fluent spoken and written Italian – medical

II. QUALIFICATIONS:

Attended and Observed courses in Diving Medicine at "Das Schifffahrtmedizinische Institut der Marine", Kiel, Germany, 1975-1976

- M.B., B.Ch., Very Good with Honors, Kasr El Aini Faculty of Medicine, Cairo University, 1983
- Training in Anesthesia, Egyptian Armed Forces, Medical Core, Maadi Military Hospital, 1985-1986
- Certificate of Training in Recompression Therapy of Diving Accidents, Multi-Place Chamber Operation and Safety, Treatment Gases and Gas Mixing, Life Support Systems and Bio-Medical Monitoring Systems use in Hyperbaric Environments, Hyperbarics International, Key Largo, Florida, USA, 1992
- Introduction to Hyperbaric Medicine, Credentialed as "Consulting Hyperbaric Physician", University of Columbia, Carolina Hyperbarics at Richland Memorial Hospital, South Carolina, 1992
- DAN Oxygen First Aid Instructor and DAN Oxygen First Aid Instructor Trainer, Divers Alert Network, Duke, North Carolina, 1992
- Lehrgang Hyperbar- und Tauchmedizin EDTC: C & D (Course in Diving & Hyperbaric Medicine, according to EDTC standards: C & D courses) at the Institut für Hyperbar- und Tauchmedizin, Ulm, Germany, 1995
- Tauchmedizin und Einführung in die Hyperbarmedizin: A & B (Diving Medicine and Introduction to Hyperbaric Medicine: A & B courses) in accordance with the regulations and standards of the German Society for Diving and Hyperbaric Medicine (Gesellschaft für Tauch- und Überdruckmedizin, GTÜM) at the Sauerstoff Therapiezentrum, Düsseldorf, Germany, 1999
- Qualification as Specialist in Diving and Hyperbaric Medicine at the Gesellschaft für Tauch- und Überdruckmedizin (GTÜM e.V.), 2002
- Qualification as Educator in the in the fields of diving and hyperbaric medicine (courses A,B,C and D) at the Gesellschaft für Tauch- und Überdruckmedizin, (GTÜM e.V.), 2002

Diving and Hyperbaric Medical Consultant from the Gesellschaft für Tauchund Überdruckmedizin (GTÜM e.V.), 2007

PADI International & PADI Europe, "Industry Award 2007"

Hyperbaric Chamber Attendant & Chamber Operator Course, DAN-Europe, Sharm el-Sheikh, Egypt, September, 2010

Consultant for Diving and Hyperbaric Medicine from the Austrian Society for Underwater and Hyperbaric Medicine (ASUHM /ÖGUHM), 2011

Renewal after completion of all criteria for the Diving and Hyperbaric Medical Consultant Diploma from the Gesellschaft für Tauch- und Überdruckmedizin (GTÜM e.V.), January 2012

III. WORK EXPERIENCE:

1993 – to date	Director, Hyperbaric Medical Center, Sharm el-Sheikh, South Sinai, Egypt . The first Hyperbaric Medical Center in Egypt dedicated to the treatment of sport, recreational and technical diving accidents in Sharm el-Sheikh, South Sinai (inauguration: 10 th of March, 1993).
1995 – to date	National & Medical Director, Divers Alert Network DAN-Egypt (affiliate of DAN-Europe)
2012	Member of the Expert Committee in the European Committee for Hyperbaric Medicine (ECHM) for the consensus conference on the "Organization Of a Clinical Hyperbaric Therapy Center and Related Health Management Issues", Belgrade, Serbia, 11th – 12th September, 2012
2011	Honorary President of Sharm el-Sheikh Environmental & Development Organization (S.E.D.O.)
2010 – to date	C.E.O. and founding partner of Sharm Medical Group , owner of Sinai Clinic Hospital , Sharm el-Sheikh, South Sinai, Egypt
2010	Lecturer on the first "DAN- Chamber Attendant/ Chamber Operator Course" in Egypt, jointly organized by DAN- South Africa, DAN-Egypt and DAN- Europe
2010	Contributing Author to a book published by DAN-Europe and PHYPODE project in 2014 titled: <i>The Science of</i> <i>Diving</i> (<i>Things your instructor never told you</i>)

2007	Chairman of the Organizing Committee and of the 33 rd Annual Scientific Meeting of the European Underwater & Baromedical Society (EUBS), held in Sharm el- Sheikh, 8 th - 15 th of September, 2007
2006 – to date	Chosen as a member of the faculty to teach the Master's Degree Course, Level II, of the Scuola Superiore Sant' Anna of Pisa University (SSSA)
2006 – 2019	CEO and Medical Director of the Hyperbaric Medical Center and Sea Rescue, Dahab, South Sinai, Egypt
2005 - 2006	United Nations Consultant to the United Nations Development Program (UNDP) Project in Eritrea: Eritrean Coastal Marine and Island Biodiversity Project (ECMIB), evaluating diving medical facilities in Massawa and selecting and training medical staff, December, 2005 – January, 2006. Eritrea
2000 – 2005	Member of the Expert Committee in the European Committee for Hyperbaric Medicine (ECHM) for the consensus conference on "Prevention of Dysbaric Injuries in Diving and Hyperbaric Work", Geneva, Switzerland
2003 – 2005	Member of the "Blue Foundation Group" comprising the National Research Center (CNR) & Apnoea Academy, Italy, Search & Rescue (SAR), Egypt, and the Hyperbaric Medical Center, Sharm el-Sheikh, Egypt
2005	Chairman of the first Symposium on Underwater Research and Diving Medicine, held in Sharm el- Sheikh, May, 2005 organized by the University of Pisa, the Hyperbaric Medical Center and the CNR
2001 -2002	Selected by the Organization for Diving and Hyperbaric Medicine (Gesellschaft für Tauch-und Überdruckmedizin, GTÜM) as a member of the Expert Committee to formulate and write the " New Guidelines for the Management and Treatment of Diving Accidents ". These guidelines were discussed and adopted in the Murnau Conference in October, 2002 and are implemented throughout Europe. A jury reviews and updates them every three years.
2002	Appointed by Dr. Mohamed Saleh, Chairman of the Technical Advisory Committee on Diving and Water Sports to the Ministry of Tourism , as a member of the committee.

2001	Member of the Board and Founding Member of the South Sinai Association for Diving and Marine Activities (SSDM)
1996	President, Rotary Club, Sharm el-Sheikh, Egypt
1995	Founding Member and Member of the Board, Rotary Club , Sharm El Sheikh
1995	Member of the European Underwater and Baromedical Society (EUBS)
1995	Appointed member of the Accident Committee, Egyptian Underwater Sports Federation (EUSF) and representative for the South Sinai Governorate
1994	Consultant to the Ministry of Tourism Task Force to inspect and license dive centers in Egypt
1994	Tasked by the mayor and governor's representative to head the formation of the first "Sea Rescue Center" in South Sinai
1987 – 1992	Appointed by H.E. Frank Wisner, US Ambassador to Egypt, as the Sinai Expert on the "Sinai Safety Committee", formed to negotiate and improve safety issues with the Egyptian government
1992	Appointed by H.E. Fouad Sultan, Minister of Tourism and Civil Aviation, as a member of the Board of Trustees for the Hyperbaric Medical Center in Sharm el-Sheikh Project
1992	Appointed by H.E. Fouad Sultan as Director of the Hyperbaric Medical Center, Sharm el-Sheikh
1988	Head of Cultural Committee of Cairo-Giza Roteract Club
1983 – 1985	General Practitioner, e mployed by the Egyptian Ministry of Health
1982	Consultant to the Offshore Division of the Hassan Fahmy Engineering Company
1985 - 1987	Posted as 1 st Lieutenant to Maadi Military Hospital in Cairo. This assignment included a two-year period of training and working as an anaesthesiologist. Responsibilities included General Management of the Hospital, Training of Personnel and Supply Management in addition to specific medical duties.
1985 - 1986	Safety Officer of the Cairo Divers Club (370 members)

1986 - 1988 Safety Officer of the U.S. Embassy Aquatics Club
1984 - 1986 National Service in the Armed Forces of the Arab Republic of Egypt, Medical Corps.
1981 Founding Member with Dr. Hani Wael Mansour Fahmy of the Marine Activities Club with Dr. Hamed Abdel Fattah Gohar as Honorary President
1975 Member of Kiel University Research Diving Team Marine Biology Department

IV. DETAILED SCOPE OF WORK:

As director of both hyperbaric medical centers in Sharm el-Sheikh and Dahab,

my work involves the complete management of diving accidents. This includes an educational component, ensuring that dive professionals recognize the symptoms of a diving accident and are sufficiently gualified to administer adequate first aid and to report the accident in a correct manner. This is followed by the search and rescue (SAR) or other means of transportation, and then by definitive therapy at the hyperbaric medical center. At this point, it is crucial that the case is examined carefully, that the circumstances of the dive are analyzed meticulously, and that the previous medical history of the patient is studied thoroughly. This is necessary in order to detect the apparent and hidden factors that may have contributed to the accident and/or need to be known for the treatment to proceed. The next step involves testing the functionality of diving equipment and analyzing the content of the breathing gases or gas mixes. With the resulting differential diagnosis, a definitive diagnosis can be made, and the choice of the suitable treatment table and its execution follow. The observation and follow-up of the patient extends until they depart from our center (and sometimes continue for a number of years).

- Additionally, all the technical and life support aspects, as well as the volumes of pressurized air and gas mixes need to be checked periodically, as well as prior to each treatment.
- Furthermore, diving medical eligibility examinations are carried out at our center and in cooperation with Sinai Clinic Hospital on a daily basis. As the director of both Hyperbaric Medical Centers, in Sharm el-Sheikh and Dahab, I travel a lot between both: fortunately the distance is only 100 km.
- In addition to the management of diving accidents, the scope of work in the hyperbaric medical centers also encompasses general practice work, pediatrics and traumatology to help the local Bedouin communities around Sharm el-Sheikh and

Dahab. This work is provided free of charge and falls under community service.

Generally speaking, we aim towards prevention rather than cure and have directed time and energy towards spreading dive safety and environmental awareness among dive professionals. Updating the medical knowledge of the team of

colleagues

- and co-workers, suggesting chances for continued medical education and conferences, as well as encouraging research and discussing treated cases are routine practices.
- The Hyperbaric Medical Center receives approximately 20 physicians and medical students from all over the globe, every year, spending periods between 4 to 12 weeks to learn more about diving medicine and the hands-on management of diving accidents.
- The above described scope of work and previously held positions and work experience gave me an advisory role in the process of making laws regulating diving safety and setting standards for operation.
- As a **National Director of DAN-Egypt**, my scope of work covers manning the 24 hours emergency hotline and consultations regarding all diving medical problems as well as liaison between members of DAN and headquarters and all the medical facilities in Egypt. The area of coverage for accidents extends beyond the borders of Egypt and covers the general Red Sea area and parts of the Middle East. DAN-Europe Research Department is in close contact with our recompression chambers and we help in many of the ongoing research projects. The DAN-Europe awareness and Oxygen First Aid courses and others are also propagated and taught through DAN-Egypt.

European Committee for Hyperbaric Medicine (ECHM), corresponding member-medical at the European Diving Technology Committee (EDTC): When called upon as experts, we are tasked to answer questions and research the related literature in order to help set new standards and change or upgrade existing ones in the fields of diving and hyperbaric medicine as well as technical and commercial diving. This work does not limit itself to the medical areas of expertise, but also includes practical field-work and the operational aspects of equipment and treatment centers and the required minimum training for personnel and their operational safety. The resulting recommendations from the consensus conferences held are binding to the European Union. The scope of work also covers the educational curricula for the medical courses that qualify physicians to become medical examiners, specialists and consultants in the fields of hyperbaric and diving

medicine. The work is reviewed, in adherence with the regulations, every 3 years or when a need arises and the "Expert" status can then be changed to become a member of the "Jury" to discuss the proposed amendments or changes and approve or reject them.

- Sharm Medical Group, Sinai Clinic Hospital is a private general hospital offering services to the local and foreign expat community as well as tourists. The scope of work covers mainly the planning, supervision and direction as well as all the other duties of a CEO.
- Member of the Board of the Chamber of Diving and Watersports (CDWS) The regulating body created by the Ministry of Tourism to oversee the diving and water sports activities in Egypt. It studies and suggests and implements laws to assure the quality and safety. It has a body of auditors that examine all facilities according to the relevant ISO standards and that investigate any accidents occurring in the field.

V. RESEARCH PROJECTS:

- Physiopathology of decompression (PHYPODE) Project: A project funded by the European Union under the Marie Curie Initial Training Networks Initiative. The Hyperbaric Center is a partner in the project.
- **DAN-Europe Research:** The DAN Research Department investigates a multitude of decompression and pressure-related pathophysiological changes on human and animal models in order to make diving a safer practice. Egypt, being one of the busiest diving destinations and having the largest number of divers, is a significant contributor to these research efforts. The list below is taken from the DAN-Europe website (www.daneurope.org) and indicates some of the aspects covered:
 - Gathering data on and analyzing circulating gas bubbles.
 - The economy of decompression: identification of the best ascent profile.
 - Investigating the causes of unexplained diving incidents.
 - Stress in recreational diving.
 - PFO (Patent Foramen Ovale) and risk of DCI (Decompression Illness).
 - Asthma, diabetes and diving.
 - Physiology and pathophysiology of breath-hold in adults and children.
 - Hypothermia and diving.
 - Headache and diving.
 - Diving and blood changes.
 - Air travel after diving.
 - Rebreather diving physiology.

- Decompression stress, endothelial stem cells and blood cells.
- Early decompression stress biomarkers.
- Normobaric oxygen and its effects on blood and in DCI first aid.
- **Center of National Research (CNR), Italy:** Our Hyperbaric Medical Centers in Sharm el-Sheikh and Dahab are partners with the Italian Center of National Research and the University of Pisa, working in the field of "physiological changes in apnoea (breath hold) divers". In May, 2005 we hosted the First Symposium on Underwater Research and Diving Medicine in Sharm el-Sheikh. The research included the first results of underwater echocardiography measurements taken in Sharm el-Sheikh with a newly developed housing and technology. A poster was presented at the 33rd EUBS scientific meeting in Sharm el-Sheikh in 2007 titled: "Left Ventricular Diastolic Function Changes during Breath-Hold Diving in Humans."
- European Underwater & Baromedical Society (EUBS), 33rd Scientific Meeting in Sharm el-Sheikh, 2007: A major demographic analysis of over 734 accidents from 1993 to 2006, presented and titled " 734 Diving Accidents Treated in Sharm el-Sheikh Hyperbaric Medical Center from 1993 to 2006" and discussed during the conference.

VI. COURSES, AWARDS & CONFERENCES ATTENDED:

2021	Awarded the Cross of the German Order of Merit by his excellency the President of the Federal Republic of Germany
2020	Co-authored a scientific paper titled 'Diving with Hypertension and Antihypertensive Drugs' published in Diving and Hyperbaric Medicine March, 2020
2018 - 2020	Member of the DMSC group of 8 Diving Medicine Experts that formulated the new 'Diver Medical' and the 'Guidelines for the Examining Physicians' that was recognized and adopted by the RSTC, UHMS and the WRSTC
2018	Invited Guest Speaker to the Tri-Continental Conference in Durban, South Africa

2019	Inducted into the International Scuba Diving Hall of Fame (ISDHF) in the Cayman Islands for my career in Diving Medicine and diving. First Egyptian.
2018	Celebrating the 25 th Anniversary of the Hyperbaric Medical Center, Sharm el Sheikh, organized a Symposium on Diving Medicine and a Workshop titled: Diving Accident Management in Remote Areas
2018	Principal lecturer, Capita Selecta Duikgeneeskunde, Decompression and Treatment Symposium, AMC in Amsterdam
2018	Lecturer, Wiesbaden, Druckkammernzentrum Rhein- Main-Taunus
2017	Mini Congress Diving Medicine, lecturer and co- organizer, Capita Selecta Duikgeneeskunde, Mersa Shagara, mersa Alam, Red Sea, Egypt
2017	Elected Member of the Board of the Chamber of Diving and Water Sports (CDWS), the body governing the diving activities and regulations and issuing the directives and ISO certification audits for diving centers in Egypt.
2016	Mini Congress Diving Medicine, lecturer, Capita Selecta Duikgeneeskunde, Volume 18, in Malta
2015	HELIOX Workshop, with Dr. Rob van Hulst, Lecturer, Akademisch Medisch Centrum, Amsterdam
2014	Notfallarzt Refresher (Emergency Physician Refresher Course), during "Diving Medical Examiner Course", EDTC I, Marsa Alam, Egypt
2014	Taucherarzt-Refresher (Diplom I & IIa) (Diving Medical Physician Refresher, Diplom I & IIa), OEGUHM/ASUHM
2013	Notfallarzt Refresher (Emergency Physician Refresher Course), during "Diving Medical Examiner Course", EDTC I, Marsa Alam, Egypt
2013	Taucherarzt-Refresher (Diplom I & IIa) (Diving Medical Physician Refresher, Diplom I & IIa), OEGUHM/ASUHM
2013	AMC Capita Selecta Duikeneeskunde, Academic Medical Center, Amsterdam, Netherlands (lecturer and participant)
2013	Atemwegsmanagement (airway management), Medizinische Hochschule Hannover, 26 th of October, 2013

2012	Notfallarzt Refresher (Emergency Physician Refresher Course) organized by the OEGUHM/ASUHM, during "Diving Medical Examiner Course", EDTC I, Hurghada, Egypt
2012	38 th Annual Scientific Meeting of the European Underwater and Baromedical Society (EUBS), September, 2012, Belgrade, Serbia (guest speaker and participant)
2012	Ärztekammer Kärnten, DAN-Tauchsicherheitstage, (Medical Syndicate Kärnten, DAN- Diving Safety Days), September, 2012, Pörtschach, Kärnten, Austria (guest speaker and participant)
2012	Workshop of the physiopathology of decompression (PHYPODE) Project in Partnership with the Hyperbaric Medical Center, Sharm el-Sheikh, Egypt (guest speaker and participant)
2012	9 th European Committee for Hyperbaric Medicine (ECHM) Consensus Conference "Organization of a Clinical Hyperbaric Therapy Centre and Related Health Management Issues" (expert and participant)
2011	37th Annual Scientific Meeting of the European Underwater and Baromedical Society (EUBS), August, 2011, Gdansk, Poland
2011	Notarzt – Refresher (Emergency Physician – Refresher), November, 2011
2011	HAUX-Life-Support Operator Training for the recompression chamber manufactured and delivered to Sharm el-Sheikh: HAUX – STARMED 2200/5, 5
2009	Ärztekammer Kärnten, DAN Tauchsicherheitstage, (Medical Syndicate Kärnten, DAN- Diving Safety Days), September, 2009, Pörtschach, Kärnten, Austria (guest speaker and participant)
2009	Seminar on "Diving Accident Management in Remote Areas" , arranged by Prof. Dr. Murat Egi, University of Galatasray , Istanbul, Turkey (guest speaker and participant)
2009	Course on Hyperbaric and Tropical Medicine, Gdynia, Poland (guest speaker and participant)
2009	Annual Scientific Meeting of the European Underwater and Baromedical Society (EUBS) & the British Hyperbaric Association, Aberdeen, August, 2009

2008	Diplom-Fortbildungs-Programm (DFP), Emergency Physician Seminar, Sharm el-Sheikh, Egypt (guest speaker and participant)
2008	German Diving- & Hyperbaric Medicine Society (GTÜM), Austrian Society for Diving- & Hyperbaric Medicine (ÖGTH) & Swiss Underwater and Hyperbaric Medical Society (SUHMS) joint congress on "Tauchmedizin und HBO-Therapie" (Diving Medicine and HBO-Therapy), April, 2008, Heidelberg, Germany (guest speaker and participant)
2008	34 th Annual Scientific Meeting of the European Underwater and Baromedical Society (EUBS), Graz, Austria
2007	33 rd Annual Scientific Meeting of the European Underwater and Baromedical Society (EUBS), Sharm el-Sheikh, South Sinai, Egypt
	Diplom-Fortbildungs-Programm (DFP), Emergency Physician Seminar, Sharm el-Sheikh, Egypt
2006	Ärztekammer Kärnten, DAN Tauchsicherheitstage, (Medical Syndicate Kärnten, DAN- Diving Safety Days), Certificate of Attendance, May, 2006, Pörtschach, Kernten, Austria
2006	32 nd Annual Scientific Meeting of the European Underwater and Baromedical Society (EUBS), Bergen, Norway
2006	Bayerische Landesärztekammer (Bavarian Medical Syndicate), Tauchmedizin-Kurs II, BG-Unfallklinik Murnau, Germany (lecturer and participant)
2005	DAN-Europe, International DAN Divers Day on Advances in Diving Medicine and Safety, Rome, Italy, September, 2005 (lecturer and participant)
2005	Diplom-Fortbildungs-Programm (DFP), Emergency Physician Seminar, Sharm el-Sheikh, Egypt, October, 2005 (lecturer and participant)
2005	National Center for Hyperbaric Medicine, Underwater Activity Commission PTK, The Association of Diving Club Doctors, conference on "Current Problems of Underwater and Hyperbaric Medicine", Gdynia, Poland, June, 2005 (guest speaker and participant)
2005	10 th Symposium: Tagung der Gesellschaft für Tauch- und Überdruckmedizin, Dresden, Germany

2005	International Conference on Diving and Hyperbaric Medicine, XV International Congress of Hyperbaric Medicine (ICHM), 31 st Annual Meeting of the European Underwater and Baromedical Society (EUBS), Barcelona, Spain
2004	DAN-Europe, Medical Oxygen Rebreather Instructor Trainer, June, 2004
2004	Diplom-Fortbildungs-Programm (DFP), "Sport- und tropenmedizinische Notfaelle" (Sport and tropical emergency cases), Sharm el-Sheikh, Egypt, October, 2004 (lecturer and participant)
2004	30 th Annual Scientific Meeting of the European Underwater and Baromedical Society (EUBS), Ajaccio, France
2003	29 th Annual Scientific Meeting of the European Underwater and Baromedical Society (EUBS), Copenhagen, Denmark
2002	Diplom-Fortbildungs-Programm (DFP), "Sport- und tropenmedizinische Notfaelle" (Sport and tropical emergency cases), Sharm el-Sheikh, Egypt, October, 2002 (lecturer and participant)
2002	28 th Annual Scientific Meeting of the European Underwater and Baromedical Society (EUBS), Brugge, Belgium (lecturer and participant)
2002	DAN-Europe, DAN Advanced Oxygen Instructor, Egypt, July, 2002 (lecturer and participant)
2001	27 th Annual Scientific Meeting of the European Underwater and Baromedical Society (EUBS), Hamburg, Germany
2000	26 th Annual Scientific Meeting of the European Underwater and Baromedical Society (EUBS), La Valetta, Malta
1999	Sauerstoff-Therapiezentrum Düsseldorf, "Tauchmedizin und Einführung in die Hyperbarmedizin", Taucherarztkurs A & B; Oxygen- Therapy Center Duesseldorf, "Diving Medicine and an Introduction to Hyperbaric Medicine", Diving Medical Specialst A & B, Düsseldorf, Germany
1999	7 ^{tes} Seminar für "Sport- und Tropenmedizinische Notfälle", 7 th Seminar for "sport and tropical- medical

	<i>Emergenci</i> es", Sharm el-Sheikh, Egypt (lecturer and participant)
1998	DAN-Europe, 1 st DAN Safety Week, March, 1998, Sharm el-Sheikh, Egypt (lecturer and participant)
1996	DAN-Europe, DAN Oxygen First Aid Instructor Trainer
1995	Institut für Hyperbar- und Tauchmedizin, Lehrgang Hyperbar- und Tauchmedizin (C & D), Institute for Hyperbaric and Diving Medicine, Courses (C & D), Ulm, Germany
1992	Received training in the USA at CACI Fed. Inc.Co., covering the operational aspects and safety of Hyperbaric Systems.
1992	Training in Key Largo, Florida, USA, at "Hyperbarics International", in Recompression Therapy of Diving Accidents, Multi-place Chamber Operation and Safety, Treatment Gases and Gas Mixing, Life Support Systems and Bio-Medical Monitoring Systems use in Hyperbaric Environments.
1992	Received training in Columbia University, Richland Memorial Hospital, South Carolina, and finished courses in Hyperbaric Medicine. Credentialed as "Consulting Hyperbaric Physician"
1992	Duke University, Durham, North Carolina, F.G. Hall Laboratory training under tutelage of Prof. Dr. Peter Bennett (at the time there were no structured and sanctioned courses yet for Diving Medicine)
1992	DAN Oxygen First Aid Instructor Course
1992	DAN Oxygen First Aid Instructor-Trainer Course
1992	Nitrox Diving Instructor Course in Key Largo, Florida – first Egyptian Nitrox Instructor
1992	Trimix Diver Course, Key Largo, Florida
VII.	PAPERS AND ARTICLES PUBLISHED
2015	Loss of consciousness via oculocardiac reflex during deep breath-hold diving. A case report. Published in May 2015, in the International Journal of Cardiology
2014	Contributor to the chapter on Decompression Sickness – Controversies and Remote Management in a book to

	be published by the PHYPODE Project and DAN under the title: <i>The Science of Diving</i>
2010	"Evaluation of Critical Flicker Fusion Frequency and Perceived Fatigue in Divers", <i>Diving and Hyperbaric</i> <i>Medicine Journal</i> , Vol. 40, No. 3 (Sept, 2010)
2009	Physiopathology of Decompression (PHYPODE) Network, in <i>The Future of Diving: 100 Years of</i> <i>Haldane and Beyond,</i> (Smithsonian Institution Scholarly Press, 2009)
2007	"734 Diving Accidents Treated in Sharm el-Sheikh Hyperbaric Medical Center from 1993 to 2006", Research presented during the 33 rd Annual Scientific Meeting of the EUBS held in Sharm el-Sheikh
	"The Technical Era, a case report", presented as a poster in the above mentioned EUBS conference.
2005 – 2011	Several publications in specialized magazines on diving medicine, technical diving and dive accident management in remote areas, including <i>Undersea</i> and <i>Hyperbaric</i> <i>Medicine Journal, Alert Diver Magazine</i> , and <i>Octopus</i> (Russian Technical Diving)
2005	Co-authored the scriptum for the "EDTC/ ECHM approved Courses I & II" taught at the Murnau BG-UKM with German colleagues for Diving and Hyperbaric Medicine, in accordance with the ECHM/GTÜM guidelines.
2003	"Do Personnel Inside Hyperbaric Chambers or Caissons Need Special Safety Procedures to Prevent Dysbaric Injury?" in <i>Swiss Undersea and Hyperbaric</i> <i>Medical Society</i> (SUHMS) magazine
2002	As a member of the "Expert Group" formed by the German GTÜM wrote and published the section concerned with "The First Recompression Treatment Following a Diving Accident" in the new guidelines for diving accident management. The "Guidelines" can be found on the websites of the GTÜM (<u>www.gteum.org</u>), the ÖGTH (<u>www.oegth.org</u>), and the SUHMS (<u>www.suhms.org</u>)
2001	"Diving accident management with special emphasis on the situation in the Red Sea", <i>Wiener Medizinische</i> <i>Wochenschrift</i> , 151 (2001)

2019	Inducted to the Inernational Scuba Diving Hall of Fame (ISDHF). First Egyptian to receive that honor, Grand Cayman Island
2017	Mini Congress Diving Medicine, lecturer and co- organizer, Capita Selecta Duikgeneeskunde, Mersa Shagara, mersa Alam, Red Sea, Egypt
2016	Mini Congress Diving Medicine, lecturer, Capita Selecta Duikgeneeskunde, Volume 18, in Malta
2015	HELIOX Workshop, with Dr. Rob van Hulst, Lecturer, Akademisch Medisch Centrum, Amsterdam
2014	Notfallarzt Refresher (Emergency Physician Refresher Course), during "Diving Medical Examiner Course", EDTC I, Marsa Alam, Egypt
2014	Taucherarzt-Refresher (Diplom I & IIa) (Diving Medical Physician Refresher, Diplom I & IIa), OEGUHM/ASUHM
2013	Invited guest speaker, "Medizinische Hochschule Hannover", 9. Symposium für Tauchmedizin (9 th symposium for diving medicine), University of Hannover, Germany
2013	Two " Medical Examiner for Divers " Courses, (EDTC/ECHM Course I), course director and lecturer, Red Sea, Egypt
2012	Invited guest speaker, "Medizinische Hochschule Hannover," 8. Symposium für Tauchmedizin" (8 th symposium for diving medicine), University of Hannover, Germany
2012	Two " Medical Examiner for Divers " Courses, (EDTC/ECHM Course I), course director and lecturer, Red Sea, Egypt
2008 – 11	Organized and taught several Diving Medical courses for German, Austrian and Swiss physicians with colleagues from Germany, Austria and Switzerland, in my capacity as Course Director.
2009	Course director and lecturer in the first EDTC/ECHM Course IIa to be taught in Dahab, Egypt
2007	Invited lecturer to teach Diving Medical Courses in Murnau, BG- UKM, Germany

	Organized and lectured on the 33rd EUBS conference in Sharm el-Sheikh, South Sinai, Egypt
2006	Invited speaker to lecture in Gdynia and in Kalatovki in Poland twice a year, during the conventions of the Polish Diving Federation and the Diving and Tropical Medical Institute, 2006 & 2007
2006	Invited Speaker in the DAN- Sicherheitstage (DAN-Safety Days) in Klagenfurt, Austria, 2006
2003 – 2005	Taught five " Diving- and Hyperbaric Medical Courses " in Murnau BG-UKM-Germany in accordance with the GTÜM and ECHM guidelines
2005	Invited speaker to lecture in Gdynia and in Kalatovki in Poland twice a year during the conventions of the Polish Diving Federation and the Diving and Tropical Medical Institute
2004	Lectured on "Diving Medicine and Marine Injuries" on the sixth Austrian Diving Medical and Emergency Medicine Course in Sharm el-Sheikh
2004	Invited lecturer to Murnau BG-UKM, Germany lecturing on "Diving Medicine and Diving Medical Accident Management in Remote Areas", 2003-2004
2001 - 2002	Courses C & D (now: EDTC II & IIa) held in Sharm el- Sheikh for German-speaking physicians specializing in Diving Medicine. All the courses taught jointly with Prof. Dr. G. Ewert.
2002	Special Guest Speaker on the Symposium : "Issues in Diving Medicine and Safety" – Brugge, Belgium September 8, 2002
2002	Received the credentials to teach all the German Curricula for DMAC/EDTC/ECHM Diving & Hyperbaric Medicine Courses (Diving Medical Educator)
2002	Credentials awarded as a "Diving Medical Specialist" in accordance with the guidelines for the German Association GTÜM
2002	Organized the 5 th Austrian Diving Medical and Emergency Medicine Course in Sharm el-Sheikh for Austrian physicians
1999	Organized the 4th Austrian Diving Medical Course in Sharm el-Sheikh, Egypt

1999	National Academy of Scuba Educators (NASE) - First Aid Diver and CPR Instructor –Trainer
	Lectured on the second round of Austrian Diving Medical Courses in Sharm el-Sheikh, taught jointly with Dr. Egelseer
	Organized and lectured on the first "A, B & C Courses for Hyperbaric and Diving Medicine" according to EDTC/ECHM standards in Sharm for sixty-two German physicians Course Director was Prof. Dr. Gerd Ewert
1998	Organized the third round of Austrian Diving Medical Course in Sharm el-Sheikh for Austrian physicians
1997	Held the second Diving Medical Course for German physicians in Sharm el-Sheikh jointly with Prof. Dr. Gerd Ewert. Twenty-six participants took part and successfully completed the course.
1995	Guest speaker and lecturer to the "BOOT Show", Federation of German Sport Divers (VDST) Conference in Düsseldorf, Germany
1993 – to date	Designed and started teaching diving professionals a "Hyperbaric Chamber Tender Course" to create a pool of volunteer and qualified tenders of different nationalities, assisting in accidents. From 1993 to date, over 230 tenders successfully attended the course.
1992	Helped organize and was the selected faculty member, lecturing in the "21 st DAN (Divers Alert Network) and Duke University Medical Center Course on Diving Accidents and Hyperbaric Oxygen Medicine" held in Sharm el-Sheikh, South Sinai, Egypt
1987 - 1992	Cairo American College (CAC), Scuba Instructor
1985	PADI Master Scuba Diver Trainer (MSDT) Cairo-Maadi Community Services Association (C.S.A.), Scuba Instructor
1983	Professional Association of Diving Instructors (PADI) Open Water Scuba Instructor, August, 83, the first Instructor Training Course (ITC) to be held by PADI in Egypt

IX. OTHER EDUCATIONAL/PROFESSIONAL ACTIVITIES:

- 2001 2002 Elected Member to the Board (Member at Large) of the EUBS for a three-year term.
- 2002 Awarded a lifetime honorary membership to the German Diving and Hyperbaric Medical Society (GTÜM).
- 1995 1998Represented South Sinai and Egypt several times in the
World Travel Market (WTM) in London as well as the
International Tourism Bursa (ITB) in Berlin and the
BOOT Show in Düsseldorf
- 1994Lead the team that administered the first Heliox
treatment (COMEX CX 30) in Egypt with great success, in
the "Hyperbaric Medical Center", Sharm el-Sheikh, Egypt
- **1993 to date** The Hyperbaric Medical Center in Sharm el-Sheikh has been an attraction to the media since its existence in 1993. It was also extensively used in marketing the destination all over the world. Many televised interviews as well as articles were broadcast and printed in many countries.

X. REFERENCES:

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