

# AHMED M SAKR

Born 18.02.1973 Cairo, Egypt.

## Hyperbaric & Diving Medical Specialist

### CONTACT

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### HOBBIES

Travel  
Reading  
Music  
Mountain trekking

### EDUCATION

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#### Faculty of Medicine- Cairo University, Egypt

June 1989 to Dec 1995

MB, BCh, graded very good with Honors.

#### NOAA/ UHMS Diving program (National Oceanic and atmospheric administration)- Seattle, USA

October 2001

DMO, Diving Medical officer certification with excellence.

#### HBO SAN -Berlin, Germany

February 2002

A period of 2 weeks training in hyperbaric Medicine

#### GTEUM Germany

March 2004

Diving Medical Examiner &  
Hyperbaric Medical Specialist

#### EUBS conference -Istanbul, Turkey

2010

Attended conference and presented a lecture in the DAN workshop attached to conference.

#### HAUX -Karlsbad, Germany

2011

Haux life support operator training with special emphasis on technical aspects and on-site visit to factory for recompression chamber HAUX Star-med 2200/5,5.

#### Hyperbaric Medical Center- Sharm El Sheikh, Egypt

2011

HAUX life support operator training.  
Hyperbaric Medical Tender course.

#### OGUHM (Austrian society for Diving and Hyperbaric medicine)

May 2014

Diving Medical Examiner &  
Hyperbaric Medical Specialist

#### Academic Medical Center- Amsterdam, Holland

2015

EUBS conference attendance and Heliox workshop with Dr Rob Van Hulst.

#### PHYPODE" Project-Sharm El Sheikh in partnership with HMC

2012

Workshop on the physio-pathology of decompression illness.

PADI Master Scuba Diver

TDI Gas blender, Nitrox and Extended Range Diver

First Aid & React Right Instructor

### WORK EXPERIENCE

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#### Hyperbaric Medical Center-Sharm El Sheikh, South Sinai, Egypt

1997 to date

Working as a Diving Medical Specialist and assistant director, treating diving related accidents, requiring recompression therapy or others, in addition to a multitude of general practice and travel medicine.



Training and supervision of medical pre and post graduate attachments/electives.  
Performing Medical examinations for diving eligibility.  
An overseas medical referee for the UKSDMC, (United Kingdom Sport Diving Medical Committee).  
First Aid training for diving staff and boat crews.  
Providing diving medical support for Oil and Gas private sector.  
Providing Telemedicine and assistance to cases locally and internationally.  
Medical supervision and support of World record attempts in scuba technical and apnea diving occurring in the area.  
Co-organizing and participating in Diving medical conferences and workshops, as EUBS 2007, Phypode workshop in Sharm El Sheikh 2012.  
Participation in medical research and publication in the field of diving medicine, co-author "The Science of Diving"  
Attendance of diving and hyperbaric medical conferences and events.

**Hyperbaric Medical and Sea Rescue Dahab, S Sinai, Egypt**  
2006 -2017

Co-founder, Assistant Director, physician.  
Providing medical services for divers and travelers in the area with special emphasis on diving related disorders.

**Sinai Clinic Hospital, S Sinai, Egypt**  
Board member 2022

## **PUBLICATIONS**

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**2007**

"734 Diving Accidents treated in Sharm El Sheikh HMC from 1993 to 2006. Research presented during the 33<sup>rd</sup> annual meeting of EUBS held in Sharm El Sheikh.

"The Technical Era", A case report presented as a poster during the 33<sup>rd</sup> EUBS Annual meeting

"Lymphedema in Female Divers", A case report presented as a poster during the 33<sup>rd</sup> EUBS annual meeting.

"Pulmonary Oedema in Hypertensive Scuba Divers", A case report, presented as a poster during the 33<sup>rd</sup> EUBS annual meeting.

**2010**

"Evaluation of Critical Flicker fusion frequency and perceived fatigue in divers", Diving and Hyperbaric medicine Journal Vol. 40, No.3

**2014**

Co-author, book "The Science of Diving" Lambert's Publications.

**2020**

Co-author "Diving with Hypertension and Antihypertensive drugs" published in Diving and Hyperbaric Medicine.



**References:**

**Dr Adel Taher**

Diving and Hyperbaric Medical consultant  
Director HMC, Sharm El Sheikh  
CEO Sinai Clinic Hospital

**Dr Alessandro Marroni**

President DAN Europe

**Dr Constantino Balestra**

Professor of Diving Physiology and Head of DAN Europe Research Program

**Dr Phil Bryson**

Medical Director of Diving Services at International SOS

**Dr Jacek Kot**

Diving and Hyperbaric Medical consultant  
Head of National Center of Hyperbaric Medicine, Poland

**Dr Tamer Tohamy**

General Director  
Sinai Clinic Hospital

